

The Civic Building - Regus 323 High St, Epping CM16 4BZ

t: 02037403978

e: contact@atrommindcare.com

w: atrommindcare.com

39a Regent Street, Leamington Spa, Warwickshire, CV32EE

t: 01926 803804

e: support@jmmmentalhealth.co.uk

w: jmmmentalhealth.co.uk

JOB DESCRIPTION:

Role: Nurse Prescriber / Associate Specialist Grade Psychiatrist

Service: RTC Adult ADHD Titration Clinic at Atrom Mindcare

Location: Atrom Mindcare Clinic in Epping

Contract: Full time/ Part-time/Flexible – Work from base essential

Reports to: Clinical Director

Position Overview

We are seeking a dedicated and skilled **Nurse Prescriber or Associate Specialist Grade Psychiatrist** to join our Adult ADHD Titration Clinic. The successful candidate will play a key role in supporting patients through the titration process, ensuring safe and effective medication management, and conducting comprehensive ADHD assessments when required. Direct supervision and ongoing support will be provided by the Clinical Director, fostering professional growth and clinical excellence.

Key Responsibilities

- Medication titration and monitoring: Initiate, adjust, and monitor ADHD medication regimens, ensuring safety and efficacy.
- Prescribing responsibilities: Provide independent prescribing within scope of practice, adhering to clinical governance standards.
- Collaborative care: Work closely with the multidisciplinary team, including psychiatrists and administrative staff.
- Patient education and support: Offer guidance to patients and families regarding ADHD, treatment options, and self-management strategies.
- Clinical documentation: Maintain accurate, timely, and comprehensive patient records.
- Professional development: Engage in supervision, training, and reflective practice under the guidance of the Clinical Director.
- Conduct Adult ADHD assessments if/when needed: Carry out structured diagnostic evaluations in line with national and local guidelines.

Essential Requirements

- Professional qualification: Registered Nurse Prescriber or Associate Specialist Grade Psychiatrist.
- Experience in ADHD: Demonstrated experience in conducting Adult ADHD assessments and managing ADHD treatment.

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- Prescribing authority: Current prescribing rights and up-to-date registration with relevant professional body (NMC/GMC).
- Clinical skills: Strong knowledge of psychopharmacology, risk assessment, and mental health care.
- Communication: Excellent interpersonal skills with the ability to build rapport with patients and colleagues.
- Teamwork: Commitment to collaborative, patient-centred care.

Desirable Attributes

- Experience in specialist ADHD services
- Knowledge of NICE guidelines for ADHD management
- Commitment to continuous professional development
- Ability to contribute to service development

What We Offer

- Fast growing organisation and team.
- Competitive salary aligned with experience and qualifications
- Flexible working with the close team support.
- Direct supervision and mentorship from the Clinical Director.
- Opportunities for professional growth and training in ADHD care, through participation in Multi-professional peer meetings.
- Well-equipped, cosy and comfortable office base at Atrom Mindcare.

About Atrom Mindcare

Atrom Mindcare is a fast-growing and ambitious provider of integrated mental health and wellbeing services, offering comprehensive psychiatric assessments, Deep TMS treatments, and psychological therapies to support the holistic mental wellbeing of both private and NHS-funded patients. We combine clinical expertise with innovative digital solutions to deliver high-quality, compassionate, and personalised care, and we are an approved NHS *Right to Choose* provider for Adult ADHD assessments. Our mission is driven by a passion for improving mental health outcomes through timely, effective, and culturally sensitive support delivered by skilled professionals. As we continue to expand, we are committed to fostering a collaborative, inclusive, and forward-thinking team environment where clinicians and support staff can thrive.